



Physician-led health care produces lower costs and better care for Hoosier patients. Other states' attempts to save money by relying on nonphysicians have done the opposite.

COSTS

- A Stanford study of 1.1 million Veterans Health Administration patients found expanded use of nurse practitioners increased VHA costs by **\$74 million** a year.
- A review of more than 50,000 patients at a large Mississippi care group found those assigned to NPs paid **\$10 million** more per year than those treated by physicians, a difference of **\$515 per patient**.

QUALITY OF CARE

- A Vanderbilt study found NPs more than **twice as likely as physicians to overprescribe opioids**.
- Patients of VHA nurse practitioners had **20% more preventable hospitalizations**.
- Mississippi compared physicians and NPs/APRNs on **10 basic health metrics**:

More effective at ensuring patients are up to date on:

	Physicians	NPs/APRNs
Flu shot	✓	
Pneumonia shot	✓	
Breast cancer screening	✓	
Colon cancer screening	✓	
Cervical cancer screening	✓	
High blood pressure check		✓
Heart disease risk score	✓	
Diabetes	✓	
Foot exam for diabetes patients	✓	
Eye exam for diabetes patients	✓	